

TRIDEV Meditation & Spiritual Awareness Society
25A Beechwood Road
Uplands, Swansea SA2 0HL
<http://www.tridev.org>

TRIDEV NEWS

ISSUE 13

(COVERING EVENTS FROM 1 JULY TILL 30 APRIL 2010)

Dear Friend

Jai Shri Krishna

Tridev extends a very warm welcome to its supporters and well wishers through this 13 th Issue of its Electronic Newsletter. The following regular annual events took place at the TRIDEV Meditation & Yog Centre during the period July 2009 to April 2010.

Pooja and Yoga Sessions

Members and their families continued to perform Poojas and hold Yoga practice sessions on Tuesday and Thursday evenings respectively at the Tridev Centre at 25A Beechwood Road, Uplands, Swansea SA1 0HL. The Centre is now increasingly becoming popular meeting place especially for new students coming to Swansea

Festivals Celebrated

Shivratri

Shiv Vivah ceremony was celebrated on 12 February 2010 in the conventional style. The programme started with Ganesh Archana in which Lord Shiva and Goddess Parvati were worshiped. This was followed by singing of Shiv Bhajans by the devotees present. The celebrations were concluded by sharing prasadam. All prasadam was prepared by the devotees with extreme love and affection and was superbly delicious. There were over 40 devotees present. It was pleasing to note that they made special effort to bring their children from toddlers to teenagers which

enriched the family atmosphere at the Tridev Centre.

Holi

Holi was celebrated on 1 March 2010. After Pooja and short presentations by children on the significance of Holi, the devotees greeted each other with *gula*. Dancing to the tunes of Holi songs followed. A sweet herbal nectar (*Thandai*) prepared by *Sawlani & Gupta families* was served. The celebrations were followed by sharing of Prasadam from Coelbren Indian Cuisine of Neath.



(A view of the prayer hall on the Shiva ratri evening)

Special pooja programme

Recitation of Vishnu Sahasranamam led by Uma Rajesh was performed on 6 February 2010 at the TRIDEV Centre. The melodious and somber chanting of the Shlokas was simply the most uplifting, transcendental and divine experience for the assembled devotees.

The programme was organized to raise donations for a school for the blind in Chennai. On this occasion a sum of £350 was raised and

the sum was delivered to the school Head Teacher by Dr Rajesh Ramaswamy. ([click here to see receipt](#), [a letter from the school](#))

News

1. Shiva Lingam arrives at TRIDEV

Supporters of TRIDEV will be delighted to learn that Shiva Lingham has now been installed at the temple. The Lingham in black stone has been kindly donated by Dr & Mrs Singh of Maesteg who also bore the cost of transportation from Jaipur. TRIDEV family greatly appreciate this gesture of support and pray that Lord Krishna showers all happiness on the Singh family.

2. Swansea girl excels

Members of TRIDEV family will be pleased to know that Anshu Bohra, following the footsteps of her Dad, Ramesh Bohra has now become a GP in Reading. Congratulations Anshu. We understand that a position of Practice Manager is vacant.

3. Rajesh family leaves Swansea:

Uma and Rajesh Ramaswamy have left Swansea area to take up new jobs at Hull. Uma and her children Ananya & Sherya were regular attendees of pooja and took active part in all Tridev activities. Uma frequently organised special chanting of scriptures like Vishnu Sahstranam Stotram. She will be greatly missed by all of us. TRIDEV family wishes them good luck for their future in England.

Temple opening time

Please note that the current opening timings of TRIDEV Centre are as follows:

Tuesdays –	Doors open	7.00 pm
	Pooja	7.20 pm
	Bhajans & Bhagvad	7.40 pm
	Gita	8.30 pm
	Artie	

Thursdays-	Doors open	6.30 pm
	YOPRAM Session	6.40 pm

Please note that places available for YOPRAM sessions are limited to 10. To reserve a place, please ring Gyan on 07812 765387.

First Sunday of every month

Doors open - 4.00pm
Devotional music video clips - 4.10 pm
Snacks/Tea/Coffee/Drinks - 5.30 pm

Donation received

The following donations have been gratefully received:

Sept - Nov. 09

Anonymous	1101.00
Hansa Patel	102.00
R & M Ransing	21.00
K & R Garg	36.00

Dec 09 - March 10

S. Khanna	20.00
R & S Choudhry	20.00
Y & M Mathur	101.00
V Taneja family	31.00

Forthcoming Festivals:

The following festivals are scheduled to be held at Tridev. Please feel free to make suggestions to include any other events or on how we should celebrate these special days.

*Onam & Raksha Bandhan 24 August,
Tuesday.*

*Krishna Janamashtmi 03 September,
Friday*

*Ganesha Chaturthi 11 September,
Saturday*

GAYATRI MANTRA

**” Om Bhur bhuv Swe Tat savitur
varenium**

**Bhargo Devasya Dhimahi Dhio yo neh
pracho dayat ”**

Translation in English

Om: Protector of everybody, God Almighty,
Bhu: Dearer than life; Bhuv: Remover of all
pains, difficulties and problems; Swe:
Personification of happiness; Tat: That Savitu:
Creator, enlighter, inspirer; Varenium: Suitable
for idolizing, Bhargo: Natural Scientific form,
Devasya: Of God; Dhimahi: We meditate;
Dhio: So that, intellect; Yo: Which is; Neh:
ours; Prachodayat: is inspired for good deeds

Poetic rendering of the thoughts of Gayatri Mantra

**Oh God, You created us, and you are
looking after all our needs,**

**We owe our threads of life to you and it is
you, who removes the hardships of
sufferers,**

**Your power is unlimited, which can be felt
by everywhere,**

**In everything in this creation, you are
present; we always meditate on you, seeking
your kindness,**

**Oh God, please direct our intellect on to a
good path.**

Shrimad Bhagwat Gita

First Chapter: First Verse:

**Dharm Kshetre Kurukshetre Samveta
Yuyutsava,**

**Mamkah Pandwaschev Kimkurvat
Sanjay (1)**

Translation

When war between Kauavs and Pandavs was
going to commence at Kurukshetra,
Dhrishrashtra the king of Hastinapur and father
of Kauravs asks his minister Sanjay about the
moves of his sons and those of his brother,
Pandu's sons in the field.

*Contributed by Dr S N Goel, Jodhpur
(Papa of Dr Roopam Goel of Carmarthen)*

***Issue Editor: Prashant Gupta
Editor: Gyan Pande***

*You are welcome to contribute to
TRIDEV News.*

*Do you want to volunteer to be the Editor of
a future issue of TRIDEV News? Please
contact Gyan, Email: gnpande@aol.com*

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